JSS shriManjunatheshwara Institute of UG and PG studies, Dharwad.

Brief report on NSS regular activities for 2018-19

# 1. Date-12<sup>th</sup> july,2018

## One day health checkup camp

NSS volunteers were taken up to masalgaroni, saraswatpur, dharwad for one day health check up activity for the residents in the area. Program was jointly organized by NSS cell, JSS's SMI UG and PG studies, dharwad in association with Red Cross Society, Dharwad. Dr Ajith Prasad, pricipal, Dr karpurmath from Red Cross Society, college staff and NSS voplunteers were present. Doctors from Red Cross diagnosed the health problems of various patients from the area and counseled them for treatement.

# 2. Date- 31<sup>st</sup>july, 2018

# Plantation activity at JSS campus.

NSS volunterrs planted trees at JSS campus on the occasion of Vanmahotsava Celebration. Chief guest, Dr Karpurmath addressed the students on green environment issues and its importance in present life. Principal also motivated students in developing planting activities and their role. Dr Ajith Prasad, principal, Dr karpurmath from Red Cross society, college staff and NSS volunteers were present.

# 3. Date 2<sup>nd</sup>aug, 2018

# Swachtapkahwad session.

A seminar session on Swachtapkahwad was conducted. Shri ulasmesta, Project Officer,SKDRDP, dharwad was chief guest . he addressed the students on swachta activities to be taken up. He also highlighted the role students can play in clean and healthy environment. All students took swchta oath on this day. NSS volunteers and others were present.

# 2018, Date- 3<sup>rd</sup>aug

# Campus cleaning

NSS voluteers took up activities of cleaning at the JSS campus. They were devided into various groups. Each group was assigned cleaning of different areas. They cleaned the campus areas likegarden, roads, back end areas. Volunteers and others were present.

# 2018, Date 4<sup>th</sup>aug

# Classroms cleaning.

NSS voluteers were involved in cleaning activities of classrooms at JSS campus. Students weredevided into number of groups and each group took up cleaning activities at various classrooms.

Volunteers and others were present.

## 6. Date 6<sup>th</sup>aug, 2018.

## <u>Cleaning at bus stop and post office</u>.

NSS voluteers took up activities of cleaning at bus stop and post office at vidyagiri, dharwad. They cleaned the surroundings of both the places. NSS officers and others guided the students on the activities .shriulas Mesta, project officer , other staff and NSS volunteers were present.

# 7. Date $18^{th}$ sept to $2^{nd}$ oct , 2018.

## Swchta hi sewa- central government program

On 18<sup>th</sup> sept volunteers were taken to hukkerikarnagar, dharwad for cleaning the street . volunteers cleaned the garden situated in the locality.

On 19<sup>th</sup> sept, volunteers undertook rally from jss college, vidyagiri to gandhinagar for creating awareness onswachta .they were acompanied by NSS officer.

On 20<sup>th</sup> sept, volunteers were ta ken to Ambedkarnagar, dharwad . volunteers cleaned the street in the locality.

On 24<sup>th</sup> sept NSS unit of college celebrated 50<sup>th</sup> year of NSS day. O this day Prof B.J Kumbar was resource person. He spoke on basic characteristics of a volunteerhe also linked NSS importance with the poem by highlighting the proverb NOT ME BUT ITS YOU.

## 8. Date 27<sup>th</sup> sept,2018.

Basic life support training by narayanhrudayalayadharwad.

JSS SMI UG and PG in association with narayanhrudayalayadharwad organized awareness programme on "Basic life support service" for NSS volunteers . offcials from hrudayalaya were present on this day. They created awareness on basic things an individual can remember while he gets cardiac arrest. They emphasized o causes and symptoms of heart related issues . NSS voluteers were also given basic demonstration on how to rescue a heart patient. Important guidelines were given on how to keep the health sound and strong.At last, oath on health and life was taken by all. Officials also distributed privilage card for all free of cost.

# 9. Date 2<sup>nd</sup> oct, 2018.

# <u>150<sup>th</sup> Mahatma Gandhi Jayanti</u>

NSS unit of the college celebrated mahatma gandhijayanti on this day. NSS organized special activities on swachtaaqnd awareness rally at masalagaroni, slum area, saraswatpur, dharwad. All were involved in cleaning activities of slum area. Volunteers also tookupswachta awareness rally in the locality. Red Cross society staff were involved in guiding the people on health issues. The Principal, Red Cross society staff, college staff, volunteers and residents were present.

## 10. Date 6<sup>th</sup> oct, 2018.

#### Health checkup and awareness day.

NSS unit of college organized health awareness and checkup day at hebballivillage, Dharwad.